Taking Care: Protective Behaviours Programme

taking care
helping children learn to keep themselves safer

Dear Parent/Carers,

At St Mary's Church of England Primary School, we follow the Warwickshire schools' Taking Care: Protective Behaviours Programme, which forms part of our PSHE curriculum.

Protective Behaviours is a practical and down to earth approach to personal safety. The aim of the programme is to teach our children about how to feel safe, how to talk about their feelings and how to recognise safe and unsafe feelings. This helps children to feel safe to have an adventurous approach to life that satisfies their desire for fun and excitement without living in fear. Protective Behaviours helps children to recognise and trust their intuitive feelings – early warning signs – and to support them in developing a range of strategies for self-protection.

The programme focuses on two key themes:

We all have a right to feel safe all of the time; and

We can talk with someone about anything, even if it feels awful or small.

The sessions are specifically tailored to meet the needs of the different year groups, from Foundation Stage to Year 6. Lessons will be taught by the class teacher or teaching assistant throughout the year. We will begin these lessons this half-term.

Please take time to read the information pages below to find out more. https://www.protectivebehaviourstraining.co.uk/publications/lets-talkmagazine

https://www.protectivebehaviourstraining.co.uk/publications/we-allhave-the-right-to-feel-safe-booklet

https://www.protectivebehaviourstraining.co.uk/publications/practicaladvice-for-keeping-children-safe

If you have any questions or require further information, please email the school office.