

## NCMP Information for School Newsletter

The National Child Measurement Programme (NCMP) is a **nationally mandated public health programme**. It provides the data for the child excess weight indicators in the Public Health Outcomes Framework, and is part of the government's approach to tackling child obesity.

A specially trained member of the Healthy Together Team will attend your child's school on

**Wednesday 26th January 2022**

to carry out the measurements.

- The measurements are completed sensitively and in private. Your child is not told the results.
- The results are kept confidential and are not shared with any teachers or other children.
- You will be send a letter with your child's measurement results identifying whether they are within the health range or not. This letter includes next steps with links to helpful information
- You are given the opportunity to opt your child out of the NCMP. Information about how to opt out is given in a letter or email from your child's school.

### Parent Survey

We would really like your views on NCMP – and how we can help improve children's health and wellbeing in achieving and maintaining a healthy weight. Please click on the link below or scan the QR code which will take you directly to the survey. This will help us make sure you have the right services which are accessible to support you and your child.

SNAP Survey link <https://bit.ly/3HKocR6>

Or hover your phone camera over the QR code and it will take you to the survey



### **Who can help?**

If you are concerned about your child's weight or eating habits and feel you need support, you can contact the Healthy Child Programme by (link weight management Service)

The Health4kids website can provide additional information

<https://www.healthforkids.co.uk/leicestershire/the-national-child-measurement-programme/>

You can text **Parent Chathealth** on 07520 615382 for information/support

Alternatively, you can go to see your GP to discuss concerns.