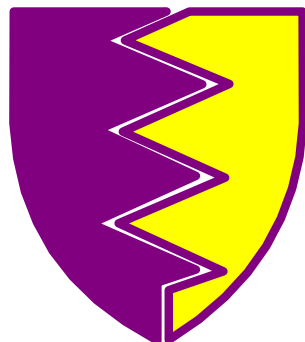


ST. MARY'S



'Dream, Believe, Achieve!'

'With God, all things are possible.' Matthew 19:26

Psalm 25:4 'Show me your ways, LORD, teach me your path'.

CURRICULUM POLICY

Personal, Social, Health Education (Including Citizenship & Sex and Relationship Education)

Policy Date:	November 2022
Policy Review:	November 2025
Signature of Headteacher:	<i>R. Ely</i>

St. Mary's C of E Primary School

Curriculum Policy – Personal, Social, Health Education (including Citizenship & Sex and Relationship Education)

St Mary's Church of England Primary School attaches great importance to Personal, Social and Health Education and Citizenship and its place in the school Curriculum.

PSHE Subject Vision Statement

At St Mary's C of E Primary School, we aim to develop successful learners who have the qualities and attributes they need to manage their lives, fulfil their academic potential, and to thrive as individuals, family members and members of society, both now and in the future. It is important to us that the children understand how to be healthy and keep themselves safe.

PSHE education is integral to a planned programme of learning which helps our children to make good progress and leave us as responsible, happy citizens. The children also develop their understanding of how they fit into the world and how they can prepare for their future as lifelong learners.

Through the Teaching of these subjects school aims to:

- Promote a positive sense of the self
- Promote good attitudes towards others and an understanding of differences between people and their view points.
- Equip pupils with the skills and attitudes to engage successfully in the task of learning in order to fulfil their potential
- Encourage reflection about beliefs, choices and values.
- Promote a healthy and safe lifestyle.

Children need the self-awareness, positive self-esteem and confidence to:

- ◆ *stay as healthy as possible*
- ◆ *keep themselves and others safe*
- ◆ *develop social skills*
- ◆ *have worthwhile and fulfilling relationships*
- ◆ *respect the differences between people*
- ◆ *develop independence and responsibility*
- ◆ *play an active role as a member of a democratic society*
- ◆ *make the most of their own and others' abilities*
- ◆ *develop their self-awareness*
- ◆ *create an environment where good learning takes place*

Entitlement and Curriculum Provision

PSHE and Citizenship is central to the educational entitlement of all children at St. Mary's Church of England Primary School and permeates all aspects of life in school.

These subjects may be taught in timetabled weekly slots, or as a blocked unit depending upon the theme being studied. Time allocated for some parts of the teaching of sex and relationships education, drugs and some health education is accounted for in the teaching of science at both Key Stages. The subjects are also covered in worship and circle time.

Teaching and Learning

PSHE is taught in a variety of ways and will include the following:

- Working in a variety of groupings, for example, individual, pair, small, whole class single and mixed sex, as appropriate.
- Opportunities for discussion.
- Inclusion of all adults and pupils in sharing ideas with the whole group.
- Time for reflection on the subject in hand.

Planning and Assessment

Work is planned using the Cambridgeshire Primary Personal Development Programme. The work is planned as part of a two year rolling programme (see Appendix 2).

Assessment is completed by the class teacher through on- going teacher assessment throughout the unit of work.

In addition, every year the Protective Behaviours scheme is followed for a block of 4 lessons. This scheme is a safety awareness and resilience building programme which helps children and adults to recognise any situation where they feel worried or unsafe, such as feeling stressed, bullied or threatened; and explores practical ways to keep safe.

We also follow the 'No Outsiders' scheme which teaches children about diversity, difference and inclusion through a range of story books.

Outside visitors, using other agencies and out of school activities

Outside agencies are used where appropriate to support the curriculum (see Appendix 1). A range of outside activities also add to the quality of PHSE. It is important that when visitors, outside agencies and activities are used, that the children are appropriately prepared and pupils have time to reflect upon their experience and the ways in which they and others were affected.

Sex and Relationship Education

The Governors see Sex and Relationship Education as a major component of the School's comprehensive programme of PSHE. The importance of sexual relationships in all our lives is such that Sex and Relationship Education has a crucial role to play in preparing children for their lives now and in the future as adults and parents.

In Foundation Stage/ Key Stage 1 and Lower Key Stage 2 (Years 3/4) this will be taught as part of the PSHE programme.

In Upper Key Stage 2 (Years 5/6) as well as being taught as part of the PSHE programme, there will be specific sessions relating to Growing Up, Puberty and physical aspects of sex. This will be complemented by learning about families, the importance of stable loving relationships, respect and moral responsibility.

Involving Parents

The views and participation of parents is vital for the most effective Sex and Relationship Education. The School offers parents the opportunity to come into school to discuss the content of lessons and where relevant resources can be viewed and discussed. Parents are fully informed and encouraged to enhance that part of the Sex and Relationship Education Programme provided by the school by having discussions at home.

Members of staff can:

- Provide pupils with educational information about where and from whom they can receive confidential advice and treatment, eg. The school nurse, their GP or Brook Advisory Centre. This is not the provision of sex education, but merely the imparting of factual information as to where advice, counselling (and treatment) can lawfully be obtained. Appointments to see the nurse can be arranged by the pupil through the Class teacher or Headteacher.

Members of staff cannot:

- Give personal advice or counselling on sexual matters to a pupil (either individually or within a group) if a parent has withdrawn that pupil from Sex and Relationship Education.
- Give personal contraceptive advice to pupils without parental consent.
- Deal with pupil's explicit questions in front of the whole class, e.g. Questions on oral and anal sex. In practice this means that teachers have to say 'I'm sorry, but the School Policy does not allow me to answer that question.'

Concerns

Many of the issues raised in these subjects are sensitive. It is important that all staff, particularly teachers, are aware of the different dynamics in the class when visitors/adult helpers are present during activities and discussion. Any matters of a confidential nature, which give cause for concern must be discussed with the Headteacher, who will contact the appropriate agency.

Parents/carers have the right to withdraw their children from Sex and Relationship Education where it is not a part of the Science curriculum.

Appendix 1

Possible Visitors used to support PSHE including Citizenship and Sex and Relationship Education

- | | |
|----------------|---------------|
| • School Nurse | All Years |
| • Life Caravan | All Years |
| • Rock Kidz | All Years |
| • Fire Service | Years 1 and 5 |
| • Bike4Life | Year 6 |