



18th June 2020

Dear Parents/Carers

Sports Day is one of the great events in our school calendar and we couldn't let a global pandemic stop us from celebrating together! However, we do have to be safe and responsible, so this year we have decided to run a Virtual Sports Week which will be held from Monday 22nd to Friday 26th June 2020.

PE and physical activity have never been so important in our lives, now more than ever, proving that sport can bring the country and communities together and help people try something new or positively impact their mental health. The purpose of this sports week is to have FUN! We encourage as many families as possible to have a go at the events and have fun whilst doing them!

As part of our Home Learning, the Virtual Sports Week will consist of 10 activities designed to be fun and active and they have been planned to require minimal resources, all of which can be regular household items. We recommend that you complete 2 activities each day. A video of Mr Bond explaining and demonstrating each activity will be posted on the Virtual Sports Week page, in the **Children** section of the school website.

Once you have recorded the score for both activities on that day, you will need to fill in the correct section of your Virtual Sports Week recording sheet. We would love to see pictures and videos of the children (and other family members) completing the activities!

On Friday 26th June, it would be fantastic if you could take a picture holding your recording sheets so we can see how you've got on for each activity. Please send these to your class teacher who will be able to put it up on the Virtual Sports Week page, in the **Children** section of the school website.

The ultimate aim of Virtual Sports Week is to have lots of fun whilst taking part in a range of physical activities, so good luck!

Yours sincerely

Mr Bond
PE & Well-being co-ordinator