

Running Foxes Winter Coaching Programme

Following the successful running of last years winter coaching programme, Leicestershire County Cricket Club will once again be running a winter coaching programme this coming winter. The Running Foxes Winter Coaching Programme is designed to offer boys and girls across Leicestershire and Rutland 18-weeks of coaching to help fulfil their individual potential by offering a winter programme that complements their club cricket. The programme involves weekly hard ball cricket sessions at training centres across the county for U11, U13, U15 and U19 age groups and will run across the winter from November 2023 – March 2024. The aim of the winter programme is to provide coaching to players of all abilities throughout the winter and allow them to perform more consistently by having set targets based upon Key Performance Indicators (KPI's) deemed appropriate for each age group.

Expression of Interest:

Players can be put forward for the winter programme by their club, school, parents, or guardians. Players will be observed over the early weeks of the programme and coaches will, where possible, allocate players to groups that are suitable for their learning and development. Players and parents will be notified by the coaching team if this affects them.

The expression of interest form and additional information will be sent out to all Leicestershire and Rutland cricket clubs and schools who will be encouraged to share the information with players and parents who might be keen to attend. By completing the expression of interest form it does not mean you have to sign up to take part in the programme but will give Leicestershire CCC an indication of potential numbers to be able to allocate suitable venues and sessions to specific age groups. The link to the form is located at the bottom of this document.

Please note that by attending the Running Foxes Winter Coaching Programme players will not automatically be nominated to attend trials for the respective Boys or Girls County Age Group Programmes. Nominations for these trials will be sent separately to clubs asking them to nominate players they feel may meet the required standard for these programmes.

Process:

- 1** Expression of Interest form is sent to previous attended as well as school contacts and cricket clubs to be sent to parents to complete
- 2** LCCC allocate players into potential groups
- 3** Parents that have signed up receive details of the session that has been allocated to their child and an online registration link
- 4** Parent's book their child onto the programme using the online registration link
 - N.B. If player can not attend the session allocated, please contact the Lead Coach. Alternative options will be explored
- 5** Once registered, parents / guardians will receive a confirmation email which includes all information you'll need for the first session

Cost:

The cost for the 18-week Winter Programme will be £200. Payment can be made either in one lump sum or two instalments on prior to the start of the programme and the other in the New Year. We can also accommodate payment plans, to discuss this you will need to contact the Lead Coach using the details below.

Expression of Interest Form – <https://forms.gle/FqJboV9N2YePftZr7>

Please complete the form by Monday 16th October 2023.

If you have any questions, please do not hesitate to contact the lead coach using the details below.

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