



5th June 2026

Dear Parents/Carers,

Relationships, Sex and Health Education Policy Update

The Department for Education announced changes to relationships, sex and health education (RSHE) guidance in July 2025, replacing the 2019 version and becoming compulsory from September 2026.

Key changes include:

Sex education remains optional, but it has tightened and expanded relationships education by:

- Focusing more on safety (especially online)
- Strengthening emotional and social skills
- Making expectations clearer on what and how to teach

We have now updated our RSHE curriculum and policy so we can be sure our provision is appropriate for our pupils based on their:

- Age
- Physical and emotional maturity
- Religious and cultural backgrounds
- Special educational needs and/or disabilities

There is a copy of our revised draft policy on our website on the policies page. Please send any comments, thoughts or feedback to me via this link: <https://forms.gle/DGqtdRbCX2CZXtpm8>

Relationships, sex and health education (RSHE) Policy Update – Fill in form. The deadline for responding to the consultation is Friday 26th June 2026.

Thank you for your time.

Yours sincerely

Mrs R Ayres
Headteacher

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